

5th International Congress of **Mentalization Based Treatment**

Mentalizing beyond clinical
disorders: Resolving the puzzle

November 21st & 22nd 2019
Philharmonie, Haarlem
The Netherlands



 **Anna Freud**
National Centre for
Children and Families



expertisecentrum
mbt nederland



5th International Congress of Mentalization Based Treatment

MBT Netherlands is proud to host the 5th International Congress of MBT. The previous 4 international conferences have been a great success. The focus of this conference will be on broadening your knowledge on mentalizing in a range of clinical disorders and on providing an overview of the latest research and developments in MBT.

Top international MBT Experts and clinicians will be present and are very pleased to share these developments with you.

Plenary sessions will be presented by Anthony Bateman, Peter Fonagy, Patrick Luyten, Eia Asen, Dickon Bevington, Sebastian Simonsen, Sebastian Euler, Martin Debbané, Sune Bo Hansen, Nick Midgley, Carla Sharp and Maaïke Smits.

The expert at work sessions (clinical workshops) will be presented by Saskia Knapen, Carla Sharp, Anthony Bateman, Marianne Verfaïlle, Sheila Redfern, Lidewij Gerits, Patrick Luyten, Nicole Muller and Norka Malberg.

Poster presentation

You are invited to present your research findings and ideas in a poster presentation. The poster session is scheduled for Thursday November 21st during the reception. To reserve your spot for the poster session, please submit your abstract by email (info@mbtnederland.nl) before August 31st.

Experts at work sessions

Participants can choose 2 'Expert at work' sessions, one from Group A and one from Group B. More information about the workshops can be found at mbtnederland.nl/mbt-congres.

Expert at work sessions Group A

Saskia Knapen

Towards mentalizing systems: An introduction to Adaptive Mentalization-Based Integrative Treatment (AMBIT)

Carla Sharp

MBT groups for adolescents

Anthony Bateman

MBT groups for Antisocial Personality Disorder

Marianne Verfaïlle

Mentalization-Based Creative Arts Therapies

Expert at work sessions Group B

Sheila Redfern

Reflective Parenting

Lidewij Gerits

Mentalization-Based Approaches to Working with Families

Patrick Luyten

Embodied mentalizing

Nicole Muller and Norka Malberg

Mentalization-Based treatment for traumatized children and their parents

Programme 5th International MBT Conference

Thursday November 21st

- 08.45 - 09.15** Registration
- 09.15 - 09.30** Opening
- 09.30 - 10.15** **Anthony Bateman:**
Mentalizing: Where did we start, where are we and what have we changed our minds about?
- 10.15 - 10.45** Break
- 10.45 - 11.30** **Eia Asen:**
Social Systems: Mentalizing beyond the microcosm of the individual and family
- 11.30 - 12.15** **Dickon Bevington:**
Mentalizing in teams
- 12.15 - 13.30** Lunch
- 13.30 - 14.15** **Sebastian Simonsen:**
Formulation and short term MBT
- 14.15 - 15.00** **Sebastian Euler:**
MBT and narcissism
- 15.00 - 15.30** Break
- 15.30 - 16.15** **Martin Debbané:**
MBT for psychosis
- 16.15 - 17.00** **Sune Bo Hansen:**
MBT group and adolescents
- 17.00 - 17.15** Closing Day 1
- 17.15 - 18.45** Reception and poster presentations

Friday November 22nd

- 08.45 - 09.15** Registration
- 09.15 - 09.45** **Nick Midgley:**
Current research - childhood
- 09.45 - 10.15** **Carla Sharp:**
Current research - adolescence
- 10.15 - 10.45** **Maaïke Smits:**
Current research - adulthood
- 10.45 - 11.15** Break
- 11.15 - 12.15** Experts at work sessions Group A
- 12.15 - 13.30** Lunch
- 13.30 - 14.30** Experts at work sessions Group B
- 14.30 - 15.00** Break
- 15.00 - 15.45** **Patrick Luyten:**
MBT and trauma
- 15.45 - 16.30** **Peter Fonagy:**
The future prospects of mentalization-based therapies:
A comprehensive review

Plenary presentations:

Anthony Bateman
Eia Asen
Dickon Bevington
Sebastian Simonsen
Sebastian Euler
Martin Debbané
Sune Bo Hansen
Nick Midgley
Carla Sharp
Maaïke Smits

Experts at work sessions:

Saskia Knapen
Carla Sharp
Anthony Bateman
Marianne Verfaïlle
Sheila Redfern
Lidewij Gerits
Patrick Luyten
Nicole Muller and Norka Malberg

Practical information

For whom?

This congress is meant for managers, psychiatrists, psychologists, psychotherapists, family therapists, nurses, social workers and other professionals who are interested in MBT for children, adolescents, adults and families.

Accreditation for Dutch participants

The congress equals 2 days of specialized courses for the MBT Register. Accreditation is also requested at: NVP, NVvP, FGzPT, NIP(NVO), NVGP, V&VN, SRVB and NVRG.

Date and location

November 21st & 22nd 2019 in the Philharmonie in Haarlem, The Netherlands.
www.theater-haarlem.nl

Registration

You can register via mbtnederland.nl/mbt-congres

Costs

Delegate Rate € 525,00.

The entrance fee includes lunch on both days and a reception on Thursday. Hotel accommodation is not included. We have a special arrangement with Amrâth Hotel Frans Hals which will provide a discount rate. More information will follow in the confirmation e-mail of your booking.

Information

For more information contact:

Kim Ruijten
+31 88 - 76 56 713
info@mbtnederland.nl



expertisecentrum
mbt nederland

Peter Vineloolaan 50
4611 AN Bergen op Zoom
Postbus 7
4660 AA Halsteren

t +31 88 - 76 56 713
f +31 88 - 76 56 899
e info@mbtnederland.nl
i www.mbt nederland.nl